



BUILDING STRONG FAMILIES FOR GOD

Building a Strong Core Proverbs 4:23-25

"My role as a coach extends beyond the [volleyball] court. It's about preparing these young women for life, instilling in them a strong foundation in Christ and personal growth."

Lauren Allaway
Coach Spurgeon Knights

Proverbs 4:23-25

Keep your heart with all vigilance, for from it flow the springs of life. Put away from you crooked speech, and put devious talk far from you. Let your eyes look directly forward, and your gaze be straight before you.

WELCOME!

February 2, 2025

SUNDAY SCHOOL 10AM
WORSHIP 11AM
CHILDREN'S CHURCH AGES 3-7
NURSERY 2 & YOUNGER

WEDNESDAY NIGHTS

PRIMARY CLASS 3-6
JUNIOR CLASS 7-12
TEEN CLASS 13-17
7 PM

UPCOMING EVENTS



COUPLES
VALENTINE'S
DINNER
FEB. 8
SATURDAY, 5PM



YOUTH
LOCK-IN
FEB. 21
FRIDAY, 8PM



Building a Strong Core

From Weak to Strong Series

Notes

How do we establish a strong foundation?

What were these sayings that Jesus is alluding to?

How can we improve consistency and commitment for our Spiritual Core?

What results should we expect from practicing Holiness?

Family Faith

Simplified Sermon Takeaways

Matthew 7:24-27 teaches us to be wise by listening to Jesus' words and doing what He says. It's like building a house on a strong rock that can stand up to storms. But if we don't follow His teachings, it's like building a house on sand, which falls apart when storms come. So, it's important to follow Jesus to be strong and steady in life.

- **Listen and Act:** It's important to not just hear Jesus' teachings but to also put them into practice. This helps us build a strong foundation in life.
- **Strong Foundation:** Just like a house needs a strong base to withstand storms, we need strong values like faith and love to handle life's challenges.
- **Be Wise:** Being wise means making good choices, like following Jesus' teachings, which helps us stay strong and steady through difficult times.

Questions to Engage

- Why is it important to build your house on a rock instead of sand?
- How can listening to Jesus' words help us in tough times?
- What can we do every day to follow Jesus' teachings and be like the wise builder?

Hebrews 12:1: "...let us run with endurance the race that is set before us."



Change for Life Baby Bottle Drive 2025

Help us collect donations!

Bottles are available at the welcome center.

Donations will be accepted from now until March 16.



Join us February 21 for our **2025 LOCK-IN**

Registration will begin
February 1.

\$10/youth

Pre-LOCK-IN: 7:30-10

Big Kid LOCK-IN: 10pm - 8am



MARCH OF PRAYER 2025

March 2, 2025

Praise and Worship 6pm

Prayer Service 7-8pm

COFFEE TIME

KCUP OPTIONS

- ☐ HOUSE KCUP FREE
- ☐ GREEN MOUNTAIN 1
- ☐ STARBUCKS KCUP 1.50

LATTES & MORE

- ☐ VANILLA LATTE 3
- ☐ CARAMEL LATTE 3
- ☐ CARAMEL MACHIATTO 3
- ☐ MOCHA 3.50
- ☐ CARAMEL MOCHA 3.50
- ☐ PEPPERMINT LATTE 3
- ☐ COZY COCOA 3
- ☐ ADD PEPPERMINT

TEAS

- ☐ BOBA MANGO CLASSIC 2
 - ☐ UNSWEET TEA
 - ☐ SWEET TEA
- ☐ PASSION MANGO 3
- ☐ MOVING MANGO 4
 - INCLUDES ENERGY DRINK
 - 16 YEARS OR OLDER ONLY

