



BUILDING STRONG FAMILIES FOR GOD

Endurance and Patience Hebrews 12:1

Weight training is often integrated into runners' routines to strengthen the muscles used in running, which enhances endurance. This not only improves running economy, speed, and overall performance but also reduces injury risk. By incorporating weights, runners can run longer and harder with less effort.

Like all runners, their goal is to finish the race promptly and, if possible, in first place. Similarly, the effort you invest in your spiritual journey will be rewarded when you are welcomed into heaven, with the words, "Well done!"

Hebrews 12:1:

"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us"

WELCOME!

January 26, 2025

SUNDAY SCHOOL 10AM

WORSHIP 11AM

CHILDREN'S CHURCH AGES 3-7

NURSERY 2 & YOUNGER

WEDNESDAY NIGHTS

PRIMARY CLASS 3-6

JUNIOR CLASS 7-12

TEEN CLASS 13-17

7 PM

UPCOMING EVENTS



**COUPLES
VALENTINE'S
DINNER**

FEB. 8
SATURDAY, 5PM



**YOUTH
LOCK-IN**
FEB. 21
FRIDAY, 8PM



Endurance and Patience

From Weak to Strong Series

Notes

Who is the great cloud of witness?

What does it mean to lay aside every weight of sin?

Why should we remove sin in our life?

Why is a race both mental and physical?

Why must a Christian live a purpose driven life?

Family Faith

Simplified Sermon Takeaways

Hebrews 12:1 encourages us to keep going in our faith journey, just like running a race. It tells us to get rid of anything that slows us down and focus on Jesus to finish the race well.

Verse: Hebrews 12:1

- Surrounded by a cloud of witnesses: We have lots of people who lived by faith before us, like cheering fans.
- Lay aside every weight and sin: Get rid of things that distract us from God or lead us to do wrong.
- Run with endurance the race set before us: Keep going even when it's hard, like running a long race.
- Look to Jesus: Focus on Jesus, who shows us how to live and finishes our faith journey.

Questions to Engage

- Why is it important to get rid of things that distract us from God?
- How can we keep going in our faith journey, even when it's hard?
- Why should we look to Jesus as our example?

Hebrews 12:1: "...let us run with endurance the race that is set before us."



Change for Life Baby Bottle Drive 2025

Help us collect donations!

Bottles are available at the welcome center.

Donations will be accepted from now until March 16.



Join us February 21 for our **2025 LOCK-IN**

Registration will begin
February 1.

\$10/youth

Pre-LOCK-IN: 7:30-10

Big Kid LOCK-IN: 10pm - 8am



MARCH OF PRAYER 2025

March 2, 2025

Praise and Worship 6pm

Prayer Service 7-8pm

COFFEE TIME

KCUP OPTIONS

- ☐ HOUSE KCUP FREE
- ☐ GREEN MOUNTAIN 1
- ☐ STARBUCKS KCUP 1.50

LATTES & MORE

- ☐ VANILLA LATTE 3
- ☐ CARAMEL LATTE 3
- ☐ CARAMEL MACHIATTO 3
- ☐ MOCHA 3.50
- ☐ CARAMEL MOCHA 3.50
- ☐ PEPPERMINT LATTE 3
- ☐ COZY COCOA 3
- ☐ ADD PEPPERMINT

TEAS

- ☐ BOBA MANGO CLASSIC 2
 - ☐ UNSWEET TEA
 - ☐ SWEET TEA
- ☐ PASSION MANGO 3
- ☐ MOVING MANGO 4
 - INCLUDES ENERGY DRINK
 - 16 YEARS OR OLDER ONLY

