



BUILDING STRONG FAMILIES FOR GOD

Flexibility and Adaptability Romans 12:1

Kelly Wenner, founder of SoulStrength Fit and SoulStrength Fit Kids, integrates Bible study and exercise to honor God through health and fitness for women and children.

Romans 12:1: I beseech you therefore brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy acceptable unto God, which is your reasonable service.



WELCOME!

March 9, 2025

SUNDAY SCHOOL 10AM
WORSHIP 11AM
CHILDREN'S CHURCH AGES 3-7
NURSERY 2 & YOUNGER

WEDNESDAY NIGHTS

PRIMARY CLASS 3-6
JUNIOR CLASS 7-12
TEEN CLASS 13-17
7 PM

UPCOMING EVENTS



**FUNDRAISER
RICHLAND
PREGNANCY
NOW UNTIL
MARCH 16**



**AN EVENING
OF PRAISE
MARCH 16, 2025
6PM**

From Weak to Strong Series

Flexibility and Adaptability



Notes

1. How did God get the Apostle Paul's attention?

2. Why did Jesus become 100% man and 100% God?

3. Why does God want us to be holy?

4. How can I change my way of thinking?

5. What is your purpose?

Family Faith

Simplified Sermon Takeaways

In Romans 12:1, it says to use our bodies to serve God, like giving a special gift to Him. We should keep ourselves pure and do things that make God happy because it's the right thing to do.

Questions to Engage

- How can we show God that we love Him through the things we do with our bodies?
- What are some ways we can keep ourselves pure and make God happy?
- Can you think of a special way to serve God every day, like giving a gift to Him?

Family Fitness Challenge:

Plan a weekly fitness activity that includes everyone, such as hiking, biking, or playing sports. Incorporate a moment of prayer and reflection before starting, thanking God for your health and asking for strength to honor Him with your bodies.

Hebrews 12:1: "...let us run with endurance the race that is set before us."



Change for Life Baby Bottle Drive 2025

Help us collect donations!

Bottles are available at the welcome center.

Donations will be accepted from now until March 16.



Join us March 2 to learn about **CYIA Retreat**

Students are invited to hear about working with the Good News Club program called Christian Youth In Action.



An Evening of Praise

March 16, 2025

6pm